

Archdiocese of Philadelphia  
The Office for Persons with Disabilities

# *Anchored in Hope: Psalms of Confidence*

Retreat for mothers & grandmothers  
raising children with disabilities and  
those who have adult children with  
disabilities.



May 6 9:00 AM – 2:00 PM

The retreat will include:

- Presentation by **Sister Sheila Galligan, IHM**
- Time for quiet prayer and confession
- Opportunities to connect with other mothers
- Holy Mass



Cost: \$45 – light breakfast & hot lunch included

**REGISTER**

[www.MalvernRetreat.com/register](http://www.MalvernRetreat.com/register)

For more information, visit:  
[www.opdarchphilly.org](http://www.opdarchphilly.org)

Malvern Retreat House Family Life Center  
315 S. Warren Avenue Malvern, PA 19355  
610-644-0400