

## Are you or someone you know Food Insecure?

**CHESTER:** <https://chestercountyfoodbank.org>

**DELCO:** <http://www.delcopa.gov/ich/resources/foodandnutprograms.html>

**BUCKS:** <https://www.bcoc.org/i-need-help-with/food-2/food-pantries-and-hours/>

**MONTCO:** <https://montgomerycountyalive.com/business/Food-Pantries.cfm>

**For Philadelphia County and some surrounding areas:**

<https://phillyfoodfinder.org/guide/>

<https://www.phila.gov/2020-03-28-where-to-find-free-nutritious-food-during-covid-19/>

**Catholic Social Service sites in Phila and the Counties:**

<http://nutritionaldevelopmentservices.org/covid19/>

The full list of Philadelphia food sites is available [here](#).

### **Food Delivery Service for Residents with Disabilities:**

Beginning in May, Liberty Resources, Caring for Friends, and Share Food Program are offering free, weekly food delivery (contact-free) to Philadelphians who are facing food insecurity and cannot leave their homes due to a disability.

To request to join this program, call or text (215) 709-9619, email [food@libertyresources.org](mailto:food@libertyresources.org), or fill out [this online form](#). A program representative will call back to discuss the food delivery plan.