# **SENSORY-FRIENDLY MASS**



# **Liturgy Planning Form**

| Parish:                     |      |              |
|-----------------------------|------|--------------|
| Date of Celebration:        | Time | (am) or (pm) |
| Coordinator/Contact person: |      |              |
| Telephone:                  |      |              |
| E-mail:                     |      |              |
| Special Ritual:             |      |              |

If there are any Special Rituals, be certain to explain them before or during the Liturgy. Preparing people for what to expect can assist persons with disabilities and make them feel more comfortable.

# MINISTERS OF THE LITURGY:

Be sure to communicate with each of the Liturgical Ministers involved. Communication is key for a Sensory-Friendly Mass to run smoothly. Take time to address expectations of each of the people involved. If possible, include persons with disabilities and their families in these ministerial roles!

| Presider:                        |  |
|----------------------------------|--|
| Concelebrant(s):                 |  |
| Deacon(s):                       |  |
| Lector(s):                       |  |
| Music Director:                  |  |
| Organ/Piano/Instrumentalist:     |  |
| Gift Presenters:                 |  |
| Intercessions: Deacon OR Lector: |  |

## **INTRODUCTORY RITES:**



#### Gathering Hymn: \_\_\_\_\_

**Opening Rites:** (Circle One)

Form A (Blessing Holy Water/Sprinkling Rite)

If you are doing a Sprinkling Rite, be aware that getting wet could be upsetting for a person with sensorysensitivities.

Form B (Penitential Rite)

Select the most inclusive option for your community.

- a. Confiteor & Kyrie
- b. Lord we have sinned against you...show us your mercy & love..."
- c. Invocations and Lord have mercy, Christ have mercy...

Glory to God: \_\_\_\_\_\_

Sung on Sundays, Feasts, & Holydays (omitted in Advent & Lent)

Opening Prayer: \_\_\_\_\_

## LITURGY OF THE WORD:

Using the Children's Lectionary can be a great way to make the proclaimed Word more accessible to persons with intellectual and developmental disabilities.

| First Reading:                    | (Lectionary Number) |                     |  |
|-----------------------------------|---------------------|---------------------|--|
| Psalm:                            |                     |                     |  |
| Second Reading:                   | (Lectionary nur     | nber)               |  |
| Gospel Acclamation:               |                     |                     |  |
| Gospel:                           | (Lectionary num     | (Lectionary number) |  |
| Profession of Faith: Nicene Creed | Apostle's Creed     | Baptismal Promises  |  |

LITURGY OF THE EUCHARIST:



Presentation of Gifts (music): \_\_\_\_\_

# THE EUCHARISTIC PRAYER:

Select a Eucharistic Prayer with simple language (perhaps one intended for Children's Liturgies.

| Eucharistic Prayer (number): | Preface* (number): |
|------------------------------|--------------------|
|                              |                    |

Mass Setting: \_\_\_\_\_

(Sanctus, Memorial Acclamation, Great Amen, Lamb of God)

## THE COMMUNION RITE:

EM's should be trained to provide Communion to persons with disabilities who may have unique needs.

Eucharist under both forms. List number of ordinary ministers:

| Priests (Body):                  | _ D        | eacon(s): |  |
|----------------------------------|------------|-----------|--|
| List number of extraordinary mir | nisters: _ |           |  |
| Low-Gluten Hosts: (Circle One)   | YES        | NO        |  |
| Communion Hymn(s):               |            |           |  |
| Prayer after Communion:          |            |           |  |
|                                  |            |           |  |
| CONCLUDING RITE:                 |            |           |  |
| Announcements by:                |            |           |  |
| Blessing / Dismissal:            |            |           |  |
| Recessional Hymn:                |            |           |  |