

NCPD NATIONAL CATHOLIC PARTNERSHIP ON DISABILITY

Guidelines for the Celebration of the Sacraments with Persons with Disabilities, Revised Edition 2017

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# Welcome

# Loving God,

You make each living person in your image ...a gift of your love to the human family

Guide our minds to understand the power and wisdom of human vulnerability

Guide our actions to create parish communities open to the gifts of each individual

Give us courage to stand up to the forces willing to destroy life because they fear disability or make judgments about its "quality."

Give us understanding that your body is incomplete if people are left behind



Give us an appreciation of the role we must play in spreading your good news to all we meet

We praise you Lord for all of your good gifts

We give thanks for loving parents who welcome and nurture their children

We appreciate all those living with disabilities who contribute their time and talents even in the face of obstacles or rejection

Guide us always Lord in your way

Amen

. . .



### **Sacramental Guidelines – A Brief History**



### **Approved by the U.S. bishops:**

Guidelines for the Celebration of the Sacraments with Persons with Disabilities October 1995 Revised June 2017





# Why the need for the Guidelines?

- Pastoral inconsistencies
  - From Revision Preface:
    - Misunderstand nature of disability \*
    - Ochurch law how apply?
    - •Fear, unfamiliarity
    - Real or perceived limitations of available resources
- People denied the sacraments
- Uncertainty on how to respond pastorally





# Why the need for a Revision?

- Continuing pastoral inconsistencies (as referenced in Revision Preface)
- People continuing to be denied the sacraments
- Clergy and pastoral leaders continuing to be uncertain on how to respond pastorally
- New issues arising
  - Use of technology
  - Use of feeding tubes
  - Celiac disease and other gluten intolerance
  - Alzheimers
  - Prenatal diagnosis
- Evolving understanding of disability and pastoral support



# **Overview of Disability** and Ministry Trends





Disabilities are the normal, anticipated outcomes of the risks, stresses and strains of the living process.

(NCPD—Mary Jane Owen)

In other words, disabilities are a normal part of life, touching everyone regardless of age, race, or culture.





### One person in five has some form of disability... 20% of all Catholics

**Over 14 million Catholics with disabilities in the U.S.** 

### 1 family in 3 is touched by disability





NAL CATHOLIC PARTNERSHIP ON DISABILITY ••• faitb • giftedness • partnership



1 family in 4 is touched by mental illness

### Statement of Belonging

The Church acknowledges that all persons belong by virtue of their baptism and that disability is an ordinary part of life. From this follows the responsibility of each parish to acknowledge the inherent dignity of each person and to provide access and full integration to individuals with disabilities. Therefore, each parish is called to provide access into all aspects of the communal life of the Church, engaging in relationship and offering appropriate supports. Thus each person is empowered to achieve the fullest measure of personal participation, belonging, serving, and flourishing as part of the Body of Christ.

~National Catholic Partnership on Disability (NCPD)

November 2016



# Realities of some families...

# ... Even today!

### From an NCPD 2010 parent survey:

"It is a sad experience when the pastor, priest, or lay leaders place insurmountable obstacles in the way of families with children with autism spectrum disorders."

"The lack of a parish policy on inclusion in faith formation makes families feel hopeless."

Best story of hope? "I wish I had some," "I have yet to experience this," "There is no hope in my parish."

Many families reports struggles faced when requesting Sacraments.

Most often shared "hurt" is the stares and unfriendly looks received as they attempt to attend mass.

### Turned away from two parishes...



### Sought a parish where the family felt welcome...



### "She doesn't need Church, she is already an Angel."





### Attitudes make all the difference:

- Recognize the dignity of every person.
- Don't "exceptionalize" disability -- people
  - are not "special" or "angels."
- Make friends of people with disabilities.
- Recognize and believe that everyone belongs.











# ...a parent's story

"Before the Pastoral and Sacramental Guidelines, I thought the Church offered our family only thee "B"s: Baptism, burial, and back of the church seating.

After reading the Pastoral, I understood that the Church also offered my daughter and our family ... **BELONGING**."



### **Review of Guidelines Revision**

English version available at USCCB.org for free download or purchase.

Spanish version to follow for free download.



### **Review of Guidelines – Original and Revision**

**Opening Paragraph (added to Revision)** 

The Church continues to affirm the dignity of every human being, and to grow in knowledge and understanding of the gifts and needs of her members who live with disabilities. Likewise, the Church recognizes that every parish community includes members with disabilities, and earnestly desires their active participation. All members of the Body of Christ are uniquely called by God by virtue of their Baptism. In light of this call, the Church seeks to support all in their growth in holiness, and to encourage all in their vocations. Participating in, and being nourished by, the grace of the sacraments is essential to this growth in holiness. Catholic adults and children with disabilities, and their families, earnestly desire full and meaningful participation in the sacramental life of the Church.

# Preface

The bishops offer the Guidelines... in order to give a more concrete expression to our longstanding concern for "realistic provision" for the means of access to full sacramental participation for Catholic persons with disabilities.

...all those who minister to or with Catholics with disabilities are invited and encouraged to reflect upon and utilize these guidelines in their continuing effort to bring Christ's healing message and call to justice to the world.

#### **1995 ORIGINAL VERSION, #1**

By reason of their baptism, all Catholics are equal in dignity in the sight of God and have the same divine calling.

#### 2017 REVISION, #1

All human beings are equal in dignity in the sight of God. Moreover, by reason of their Baptism, all Catholics also share the same divine calling.

#### **1995 ORIGINAL VERSION, #2**

Catholics with disabilities have a right to participate in the sacraments as full functioning members of the local ecclesial community. Ministers are not to refuse the sacraments to those who ask for them at appropriate times, who are properly disposed, and who are not prohibited by law from receiving them.

#### 2017 REVISION, #2

Catholics with disabilities have a right to participate in the sacraments as fully as other members of the local ecclesial community. Sacred ministers cannot deny the sacraments to those who seek them at appropriate times, are properly disposed, and are not prohibited by law from receiving them.

#### **1995 ORIGINAL VERSION, #3**

Parish sacramental celebrations should be accessible...While full accessibility may not always be possible for every parish, it is desirable that at least one fully accessible community be available in a given area. Parishes may, in fact, decide to collaborate in the provision of services to persons with disabilities.

#### 2017 REVISION, #3

Parish sacramental celebrations should be accessible...Full accessibility should be the goal for every parish, and these adaptations are to be an ordinary part of the liturgical life of the parish.

#### **1995 ORIGINAL VERSION, #5**

...Parish catechetical and sacramental preparation programs may need to be adapted for some parishioners with disabilities. Further, parishes should encourage persons with disabilities to participate in all levels of pastoral ministry (e.g., as care ministers, catechists, etc.)

#### 2017 REVISION, #5

...adapted for some parishioners with disabilities, though, as much as possible, persons with disabilities should be integrated into the ordinary programs. They should not be segregated for specialized catechesis unless their disabilities make it impossible for them to participate in the basic catechetical program. Even in those cases, participation in parish life is encouraged in all ways possible.

#### Models of Engagement in Catechesis

All believers have a right to catechesis; all pastors have the duty to provide it. Catechesi Tradendae 64

Parish catechetical programs should meet the needs of children with disabilities and diverse learners utilizing best practices , flexible grouping, adaptive materials, and natural supports.



In Classroom with Supports

In Learning Support Classroom with small group learning and adapted curriculum



Within the Typical Classroom with peers



With Individualized Instruction joins peers for prayer, liturgies & special activities



Parish catechetical and sacramental preparation programs may need to be adapted for some parishioners with disabilities, though, as much as possible, persons with disabilities should be integrated into the ordinary programs. They should not be segregated for specialized catechesis unless their disabilities make it impossible for them to participate in the basic catechetical program. Even in those cases, participation in parish life is encouraged in all ways possible.

*Guidelines for the Celebration of the Sacraments with Persons with Disabilities, Revised Edition,* USCCB, 2017, par. 5

All believers have a right to catechesis All pastors have the duty to provide it. Catechesi Tradendae 64

#### 2017 Revision, new paragraph #6

Having received the sacraments, which "contribute in the greatest way to establish, strengthen, and manifest ecclesiastical communion," persons with disabilities, like all other parishioners, should be encouraged to participate in all levels of pastoral ministry that are available and for which they are qualified....Like others, Catholics with disabilities are not only recipients of the Gospel, but are also called to proclaim it and to be witnesses to its truth.



#### **1995 ORIGINAL VERSION, #6**

The creation of a fully accessible parish reaches beyond mere physical accommodation to encompass the attitudes of all parishioners toward persons with disabilities. Pastoral ministers are encouraged to **develop specific programs** aimed at forming a community of believers known for its joyful inclusion of all of God's people around the table of the Lord.

#### 2017 REVISION, #7

The creation...persons with disabilities. All members of the faith community have a role to play in the invitation, welcome, and inclusion of people with disabilities. Pastoral ministers are encouraged to foster attitudes and a parish culture, and to develop informational materials, aimed at forming a community of believers...table of the Lord.

#### **1995 ORIGINAL VERSION, #7**

In the course of making pastoral decisions, it is inevitable that pastoral care workers will encounter difficult cases. Dioceses are encouraged to establish appropriate policies for handling such cases which respect the procedural and substantive rights of all involved, and which ensure the necessary provision of consultation.

#### 2017 REVISION, #8

Difficult situations may be encountered by those making pastoral decisions. Dioceses are encouraged to establish appropriate policies for handling such instances, which respect the rights of all involved, and which ensure the necessary provision of evaluation and **recourse**.

•The Church, made present in the local community, has an important role to play in the Baptism of all of its members. Before and after the celebration of the sacrament, the baptized have the right to the love and help of the community. (10)

•Disability, of itself, is never a reason for deferring Baptism. Persons who lack the use of reason are to be baptized provided at least one parent or guardian consents to it. (11)



#### 2017 REVISION, #11

 Parents who receive a prenatal diagnosis of a life-threatening condition should receive the support they need to assure that their child will be baptized "without delay." Indeed, priests, deacons, and other pastoral ministers should provide spiritual and emotional support to families who have received any difficult prenatal diagnosis and offer on-going support before and after the birth of a child, with special concern in the event of the death of a child.

#### **PEER-TO-PEER SUPPORT MINISTRIES**

- Prenatal Partners for Life (national)
- •Be Not Afraid (national)
- •Lily's Gift (Archdiocese of Philadelphia)
- •NCPD webinar available through Amazon





#### **1995 ORIGINAL VERSION, #12**

If the person to be baptized is of catechetical age, the Rite of Christian Initiation may be adapted according to need.



#### 2017 REVISION, #13

- "The Initiation of catechumens is a gradual process that takes place within the community of the faithful." Adults and children of catechetical age with disabilities should be welcomed into all stages and rites of the initiation process.
- If the catechumen is of catechetical age, the rites may be adapted according to need. In these cases, catechesis for persons with disabilities must be adapted in content and method to their particular situations.
- Like others, adults and children of catechetical age with disabilities should normally receive the Sacraments of Baptism, Confirmation, and Eucharist in a single celebration.

#### **1995 ORIGINAL VERSION, #13**

...As such, they are to be chosen and prepared accordingly. Persons with disabilities may be sponsors for these sacraments of initiation.

#### 2017 REVISION, #14

- Likewise, godparents are to be chosen who will guide the catechumen through the final preparation for Baptism, and to assist the newly-baptized adult or child through the rest of their Christian life.
- The same person may be both sponsor and godparent.
- Catholics with disabilities may serve as sponsors and godparents, and like others who fulfill these roles, they are to be carefully chosen and formed for these responsibilities.

# Confirmation

 Parents, those who care for persons with disabilities, and shepherds of souls especially pastors—are to see to it that the faithful who have been baptized receive the formation needed for the Sacrament of Confirmation and approach it at the appropriate time. (16)

 Persons who because of intellectual or developmental disabilities may never attain the use of reason can receive the Sacrament of Confirmation and should be encouraged either directly or, if necessary, through their parents. It is important that they receive the pastoral guidance needed, along with the welcome and embrace of the whole community of faith. (18)

• To the degree possible, those with disabilities should be included along with others during the preparation and celebration of the sacrament. At times, pastoral need may necessitate an accommodated setting and a simpler manner. (18)



 The criterion for reception of Holy Communion is the same for persons with intellectual and developmental disabilities as for all persons, namely, that the person be able to "distinguish the body of Christ from ordinary food," even if this recognition is evidenced through manner, gesture, or reverential silence rather than verbally. (22)



- Pastors are encouraged to consult with parents, those who take the place of parents, diocesan personnel involved with disability issues, psychologists, religious educators, and other experts in making their judgment. (22)
- If it is determined that a parishioner who is disabled is not ready to receive the sacrament, great care is to be taken in explaining the reasons for this decision. Cases of doubt should be resolved in favor of the right of the Catholic to receive the sacrament. The existence of a disability is not considered in and of itself as disqualifying a person from receiving Holy Communion. (22)



Given the paramount significance of the Eucharist in the lives of the faithful, and in light of medical and technological advancements that affect Catholics with disabilities, new questions have arisen regarding the reception of Holy Communion, and circumstances that were once rare have even become relatively common. Clergy and extraordinary ministers of Holy Communion are encouraged to become familiar with the needs of their parishioners. In many instances, simple accommodations can be very helpful, and should be embraced by all at the parish level. (23)

- New issues addressed:
  - Feeding tubes (24)
  - Gluten intolerance (25)
  - Advanced Alzheimers or other age-related dementias (26)

### Feeding Tubes (24)

- The norm of receiving through the mouth remains the same for those who otherwise use a feeding tube for sustenance, and Holy Communion is not to be administered through a feeding tube.
  - ..the full presence of Christ and his sanctifying grace are found in even the smallest piece of the consecrated host or in a mere drop of the consecrated wine. (24)

#### **Gluten Intolerance (25)**

The following accommodations can be made for those who with Celiac Sprue Disease and other gluten intolerances:

- The opportunity to receive a small fragment of a regular host.
- Options to receive a low-gluten host or to receive under the form of wine alone.
- In the event of intolerance to gluten and wine, mustum may also be an option, with the approval
  of the local ordinary.

Clergy and extraordinary ministers of Holy Communion must be aware of the possibility of cross contamination in these circumstances

- ...the chalice given to a person with gluten intolerance should not contain a particle of the host, and low-gluten altar breads should never be intermingled with regular altar breads.
- As people may feel self-conscious at the prospect of needing special arrangements for the reception of Holy Communion, pastoral sensitivity in this area is particularly important.

Alzheimers or age-related dementias (26)

• When baptized Catholics who have been regular communicants develop advanced Alzheimer's or age-related dementias, there is to be a presumption in favor of the individual's ability to distinguish between Holy Communion and regular food. Holy Communion should continue to be offered as long as possible, and ministers are called to carry out their ministry with a special patience.

•If swallowing becomes particularly difficult, decisions regarding the continued reception of Holy Communion may have to be faced.

 This pastoral decision is to be made on a case-by-case basis, in consultation with those closest to him or her...



- As long as the individual is capable of having a sense of contrition for having committed sin, even if he or she cannot describe the sin precisely in words, the person may receive sacramental absolution.
   (28)
- Those with profound intellectual disabilities, who cannot experience even minimal contrition, may be invited to participate in penitential services with the rest of the community to the extent of their ability. (28)

Only those who have the use of reason are capable of committing mortal sin. Nevertheless, even young children and persons with **intellectual** disabilities often are conscious of committing acts that are sinful to some degree and may experience a sense of guilt and sorrow.

As long as the individual is capable of having a sense of contrition for having committed sin, even if he or she cannot describe the sin precisely in words, the person may receive sacramental absolution.

Those with profound intellectual disabilities, who cannot experience even minimal contrition, may be invited to participate in penitential services with the rest of the community to the extent of their ability. (28--#23 of original document)

### Those who have minimal verbal communication (29)

- In the case of individuals who are nonverbal or have minimal verbal communication ability, sorrow for sin is to be accepted even if this repentance is expressed through some gesture rather than verbally.
- Catholics with significant communication disorders may be permitted to make their confessions using the communication system with which they are most fluent.
- Individuals preparing for the sacrament are to be taught to be as independent as possible in the use of their communication system to allow for the norm of private reception of the sacrament.
- Confessors are encouraged to work with families and individuals to familiarize themselves with various alternative communication options to ensure that all who desire to celebrate this sacrament may do so, provided that the seal of confession is properly safeguarded.





### **Catholics who are deaf** (30)

- Catholics who are deaf should have the opportunity to confess to a priest able to communicate with them in sign language, if sign language is their primary means of communication.
- They may also confess through an approved sign language interpreter of their choice.
- The interpreter has the obligation to observe secrecy. (modified language from 1995)
- When neither a priest with signing skills nor a sign language interpreter is available, Catholics who are deaf should be permitted to make their confession in writing or through the use of an appropriate portable electronic communication device that can be passed back and forth between the penitent and confessor.
- The written or digital materials are to be returned to the penitent and properly destroyed or deleted.



...every effort should be made to ensure that penitents who are wheelchair users have access to both face-to-face and private confessionals, with due regard for the right of the priest to insist on confession behind a fixed screen. (31)

## Anointing of the Sick

- Since disability does not necessarily indicate an illness, Catholics with disabilities should receive the Anointing of the Sick on the same basis and under the same circumstances as any other member of the Christian faithful. (34)
- ... may be conferred if the recipient has sufficient use of reason to be strengthened by the sacrament or if the sick person has lost the use of reason and would have asked for the sacrament while in control of his or her faculties.
  - If there is doubt as to whether the sick person has attained the use of reason, the sacrament is to be conferred. (35)

# Holy Orders

- The existence of a physical disability is not considered in and of itself as disqualifying a person from Holy Orders. (37)
  - Cases are to be decided on an individual basis...
- ...candidates for ordination must possess the necessary spiritual, physical, human, moral, intellectual, emotional, and psychological qualities and abilities to fulfill the ministerial functions of the order they receive. (37)



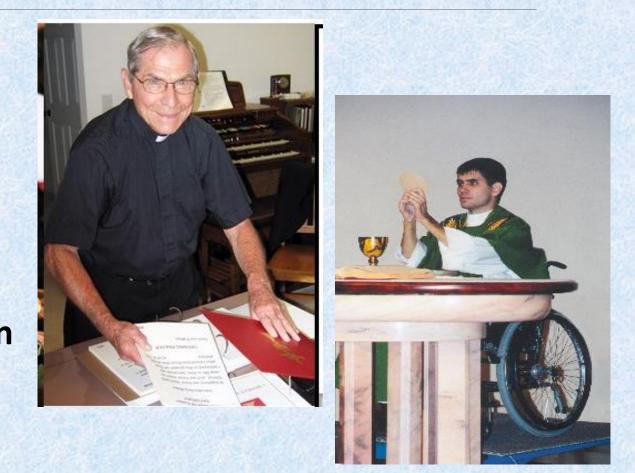


# Holy Orders

- Diocesan vocations offices and offices for ministry with persons with disabilities should provide counseling, informational resources, and reasonable accommodations for men with disabilities who are discerning a vocation to serve the Church through one of the ordained ministries. (38)
- In preparation for responsible leadership in ordained ministry, the diocesan bishop or major superior is to see to it that the formation of all students in the seminary includes awareness of and experience with persons with disabilities. Formation personnel should consult with persons with disabilities, parents, psychologists, religious educators, and other experts in the adaptation of programs for ministerial formation related to disabilities. (39)
  - Indeed, these Guidelines might even be part of the course of studies in seminaries and in ongoing formation of the clergy. (39)

# Holy Orders

Some men with disabilities already serve the Church as bishops, priests, or deacons. Clergy who have or acquire a disability are to have access to resources and accommodations that will aid them in continuing in their ministry. (40)



# Marriage

- Pastors of souls should make the necessary provisions to ensure the inclusion of persons with disabilities in marriage preparation programs. (43)
- Couples with intellectual or developmental disabilities who believe they are called to the vocation of married life are encouraged to seek counsel by discussing the Sacrament of Matrimony with their families and pastors. For matrimonial consent to be valid, it is necessary that the contracting parties possess a sufficient use of reason; that they be free of any grave lack of discretion affecting their judgment about the rights and duties to which they are committing themselves; and that they have the mental capacity to assume the essential obligations of the married state.
  - Pastoral and other clergy are to decide cases on an individual basis and in light of pastoral judgment based upon consultation... (44)



## Marriage

- A physical disability, in and of itself, does not necessarily constitute an impediment to marriage...paraplegia does not always imply impotence, nor the permanence of such a condition, and it is not in itself an impediment.
  - In case of doubt with regard to impotence, marriage may not be impeded. (44)
- Catholics who are deaf are to be offered the opportunitiy to express their matrimonial consent in sign language...Likewise, those who are nonverbal or have minimal verbal communication ability should be offered the opportunity to express their matrimonial consent using the communication system with which they are most fluent. (45)
- As people live longer, more will experience loss of mental and physical capabilities, including Alzheimer's and other age-related dementias. The faith community must minister both to the spouse whose body or mind begins to fail and also to the spouse who becomes the caregiver. (46)

## Conclusion

## 1995 ORIGINAL VERSION, (CLOSING PARAGRAPH)

These guidelines are presented to all who are involved in pastoral ministry with persons with disabilities. They reaffirm the determination expressed by the bishops of the United States on the tenth anniversary of the pastoral statement on persons with disabilities "to promote accessibility of mind and heart, so that all persons with disabilities may be welcomed at worship and at every level of service as full members of the Body of Christ."

#### **2017 REVISION, CONCLUSION**

These guidelines are presented to all who are involved in liturgical, pastoral, and catechetical ministry. All persons with disabilities have gifts to contribute to the whole Church. When persons with disabilities are embraced and welcomed, and invited to participate fully in all aspects of parish community life, the Body of Christ is more complete. The Church owes persons with disabilities her best efforts in order to ensure that they are able to hear the Gospel of Christ, receive the sacraments, and grow in their faith in the fullest and richest manner possible.

## Key to this Engagement...

## See the person, not the disability.

## Serve the person, not a group.

Build a relationship, not only a program.

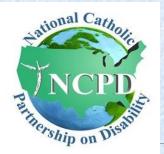




### Visit NCPD our website at www.ncpd.org

### ✓ Sign up for electronic newsletter and request an information packet





### NCPD

Bringing to life the 1978 vision of the US bishops: Persons with disabilities...seek to serve the community and to enjoy their full baptismal rights as members of the Church

#### **Support for Priests with Low Vision:**

NCPD distributes in print and on CD <u>the Roman Missal</u>, <u>Third Edition</u> for large-print font sizes of 24, 34 & 44 for priests and deacons with low vision



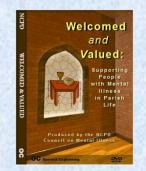


Webinars DVD available at ncpd.org/resources

Webinars: (see webinar toolkits at ncpd.org/toolkit) NCPD has a growing library of webinars available on DVD, including: Catechesis, Mental Illness, Parish Support for Veterans, Catholic Education, Prenatal Diagnosis, Suicide: Prevention, and Physician Assisted, Access: To Liturgy, and liturgical Spaces.

### **NCPD** Council on Mental Illness:

- Supporting parishes through mental illness awareness workshops and *Welcomed and Valued* DVD and Resource Manual.
- Supporting the NCPD Network on Mental Illness through consultation, national conference calls and monthly e-newsletter.



DVD and Resource Manual available at Amazon.com



### **NCPD** Council on Intellectual and Developmental Disabilities

- Addressing the catechetical needs of children with disabilities.
- Identifies and evaluates resources and curricula.
- Develops resources, including online video trainings.

#### Support for Diocesan and Parish Personnel

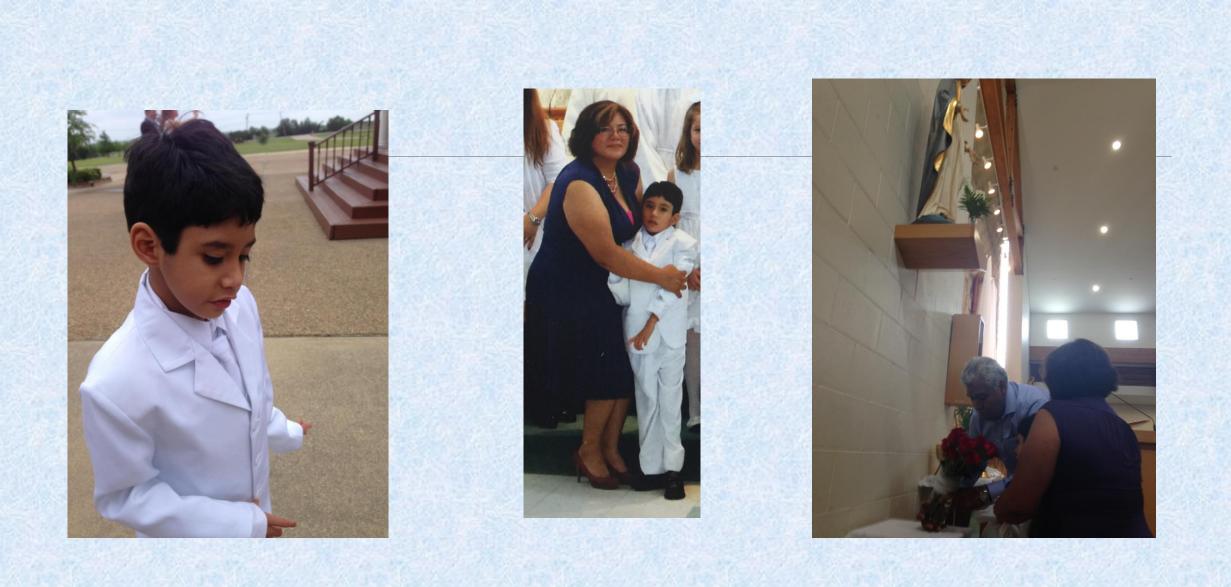
- Offer regional meetings, consultation, diocesan evaluation, training, national conference calls, and monthly e-newsletter
- Collaboration with USCCB and national Catholic organizations in addressing issues impacting the lives of people with disabilities



### Visit NCPD YouTube channel, like us on Facebook, follow us on Twitter



# The Fruit of Your Efforts...











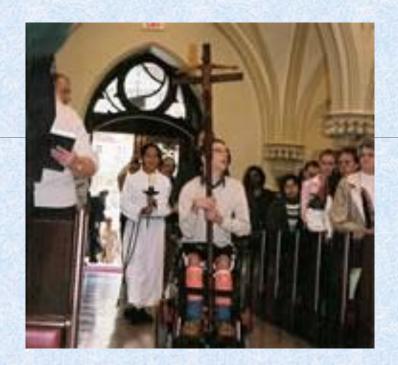
































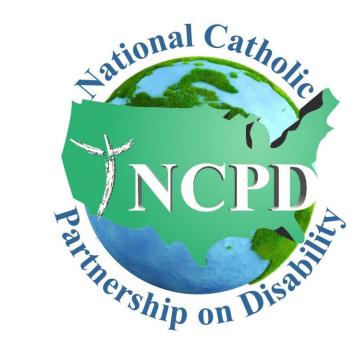
## **Questions?**





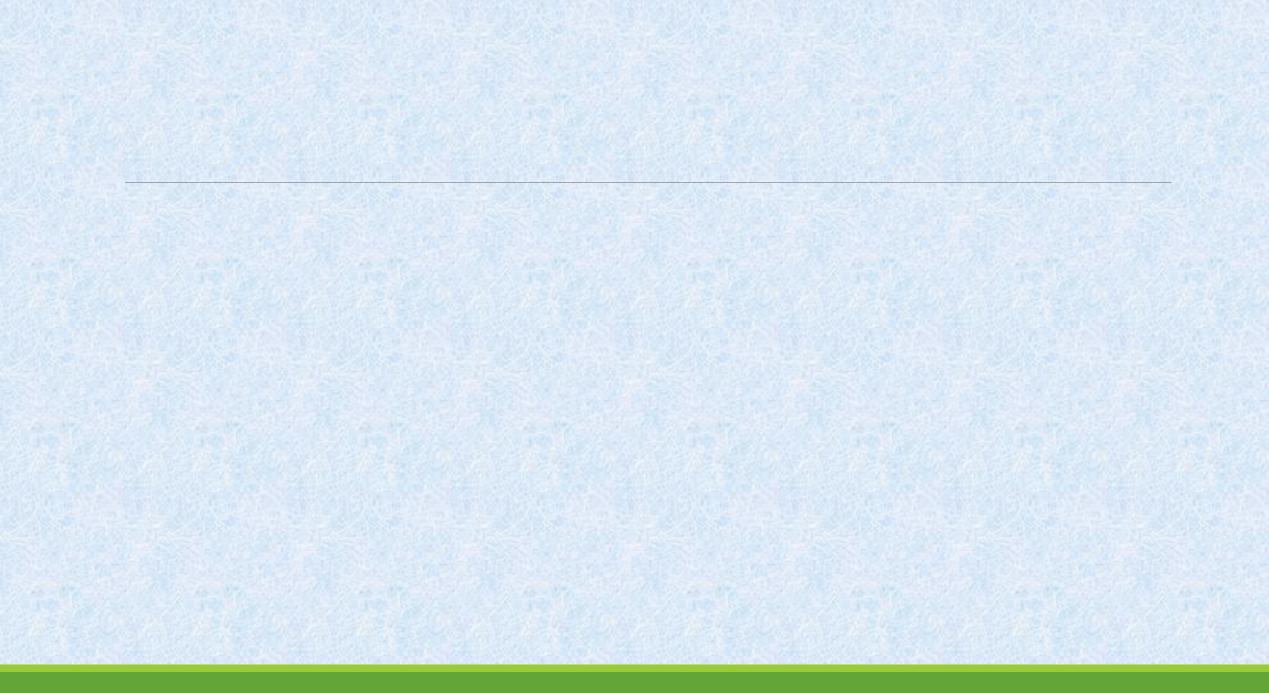
## A Quote from Pope Francis

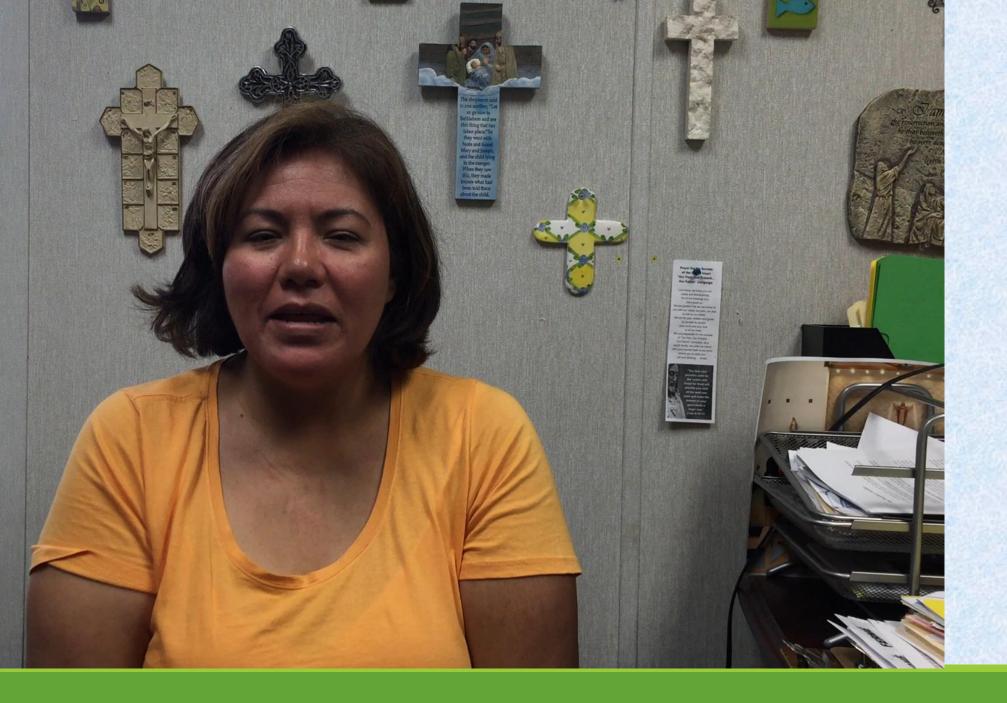
All life has inestimable value; even the weakest and most vulnerable, the sick, the old, the unborn and the poor, are masterpieces of God's creation, made in his own image, destined to live forever, and deserving of the utmost reverence and respect.



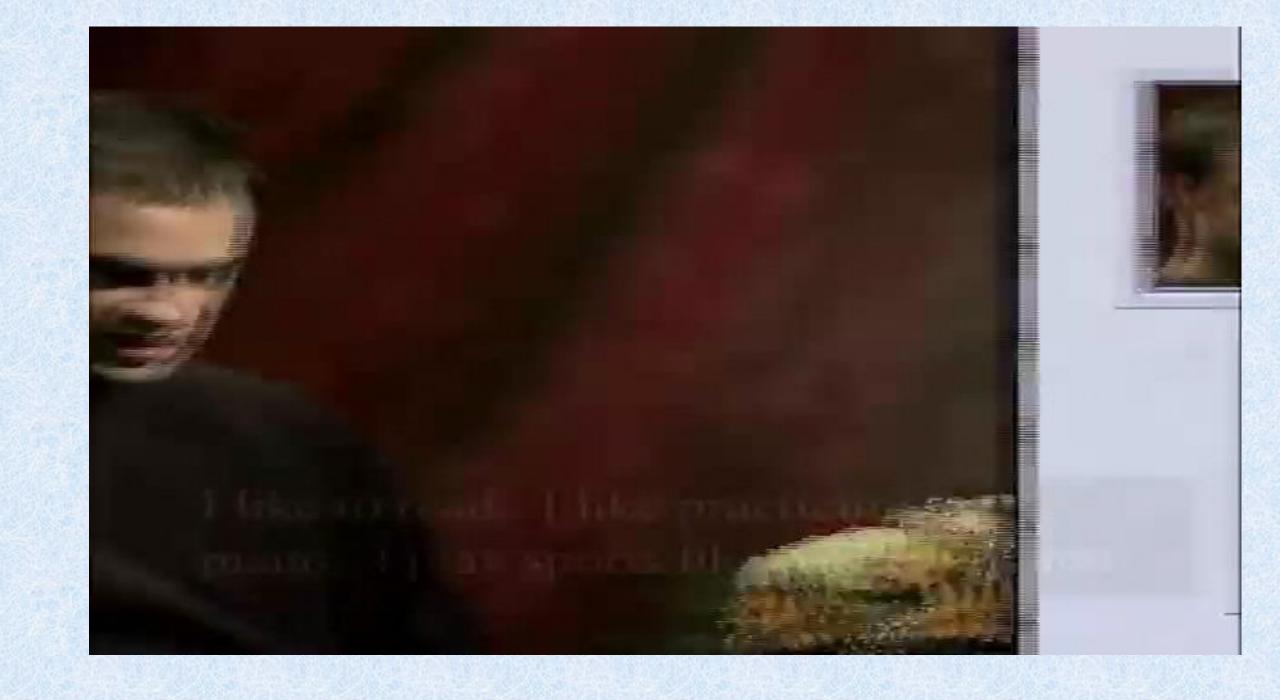
National Catholic Partnership on Disability Where Faith and Disability Meet www.ncpd.org

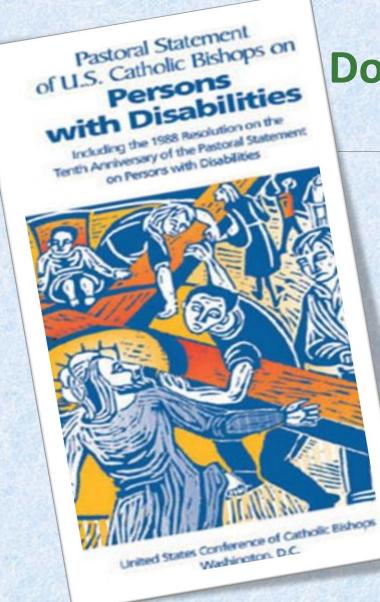
Since 1982, the National Catholic Partnership on Disability (NCPD) has served the U.S. Catholic Church by providing resources, training, consultation and advocacy for the estimated 14 million U.S. Catholics who live with disability. NCPD collaborates with the USCCB on matters dealing with access to faith for persons with disabilities. NCPD's goal: Full inclusion of persons with disabilities -- in the Church and in Society. Visit http://www.ncpd.org for more information on NCPD's programs and services.





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## **Documents from the bishops include:**

### Pastoral Statement of U.S. Catholic Bishops on People with Disabilities November 1978

## From *Pastoral Statement,* 1978 :

"People with disabilities are not looking for pity. They seek to serve the community and to enjoy their full baptismal rights as members of the Church. There can be no separate Church for people with

disabilities. We are one flock..." (par. 33)



## From National Directory for Catechesis, 2005:

All persons with disabilities have the capacity to proclaim the Gospel and to be living witnesses to its truth within the community of faith and offer valuable gifts. Their involvement enriches every aspect of Church life.



They [persons with disabilities] are not just the recipients of catechesis—they are also its agents. All persons with disabilities or special needs should be welcomed in the Church. Every person, however limited, is capable of growth in holiness.



TIONAL CATHOLIC PARTNERSHIP ON DISABILITY ••• faith • giftedness • partnership